

Step 1

Extent To Which the Local Wellness Policy (LWP) Complies with USDA Requirements and Compares to a Model Policy Assessment Tool



Complete one of the LWP assessment tools listed below. Check the box next to the tool used. Retain a copy of the completed comparison assessment.

Alliance for a Healthier Generation 10-step Checklist (see pages 2-5 of this document)
[The WellSAT School Assessment Tool](#)

Open the completed comparison assessment and respond to the following questions based on the responses.

1. List areas of strength in the wellness policy:

- a. Under the Federal Requirements, we have 2's in the majority of areas
- b. We include a variety of team members on our committee to review the policy
- c. We align our physical education curriculum with state standards

2. List opportunities for improvement in the wellness policy:

- a. Food and drink during classroom parties do not follow specific wellness guidelines
- b. Food celebrations such as a donut sacrament party still exist. Trying to provide alternative ways to celebrate.
- c. Provide additional movement opportunities for indoor recess days

3. As a result of the comparison, was new language adopted in the LWP?

Yes (complete notes section & question 4)
No (skip to question 5)

Notes: Delete this text and briefly describe what was adopted. If possible, include the location/page numbers in the updated wellness for any new language.

4. Have the changes been approved by the board?

Yes
No

5. Describe the next steps for strengthening your LWP.

The Wellness Committee/Team will meet twice this year to review progress and goals. Through collaboration if next steps are required the team will meet to further plan. Goals will be closely monitored and if clarification is needed, the committee will provide clearer guidance.

